

# S O U L

TREATMENTS & SPA  
BURNHAM BEECHES



The body and SOUL are one, as above so below, as within so without.  
There is an ever present tide in all of us that ebbs and flows and strives to stay balanced.

Here at SOUL Spa we strive to create harmony and balance towards optimal health whilst providing a relaxing, soothing atmosphere. We want to provide our guests with the most efficient treatments and best experiences whilst never compromising our best quality standards.

OUR CLINIC USES AND RETAILS THE OFFICIAL ORIGINAL TEMPLE SPA PRODUCT RANGE.

## FACIALS

*Revitalise your skin with a replenishing facial.  
Leave feeling relaxed whilst looking radiant*

**Nourish Facial** - 60 minutes  
*Instantly nourishes dry skin* £60

**Calm Facial** - 60 minutes  
*Perfect for soothing sensitive skin* £65

**Balance Facial** - 60 minutes  
*Refresh combination or oily skin* £80

**VIP Facial** - 90 minutes  
*For ultimate relaxation using targeted products to rejuvenate the skin* £90

**Express Facial** - 30 minutes  
*A refreshing facial that cleanses, tones, exfoliates and moisturizes your skin. Great for when you are pressed for time, but need to rejuvenate the skin* £30

## EYES

*Keep your lashes and brows looking perfect with our shape and tint treatments*

**Eyebrow Shape & Tint** - 30 minutes £20

**Eyelash Tint** - 30 minutes £18

## SOUL SPA SIGNATURE TREATMENT

*Relax and unwind with our signature package, perfect for those seeking ultimate bliss*

**VIP Facial**  
**Back, Neck and Shoulder Massage** £110

## BODY POLISH TREATMENTS

**Full Body Exfoliation** - 60 minutes  
*Including the face and lotion application* £110

**Full Body Exfoliation** - 30 minutes  
*Excluding the face* £70

## MASSAGE

*Looking for complete relaxation or to relieve tension? These are the treatments for you*

**Aromatherapy** - 60/90 minutes  
*The perfect treatment to soothe & relax* £60/£90

**Scalp Massage** - 30 minutes  
*Releases tension in the head and neck to relax the mind* £40

**Swedish Full Body** - 60/90 minutes  
*Relaxing deep tissue massage* £60/£90

**Back & Neck** - 30 minutes  
*To relieve all upper body tension* £40

## HANDS & FEET

**Luxury Manicure** - 60 minutes  
*Full manicure including exfoliation removed with hot mitts to soothe* £40

**Manicure** - 45 minutes  
*File, cuticle work, massage and polish* £35

**Luxury Pedicure** - 60 minutes  
*Full pedicure including foot soak, exfoliation and massage* £45

**Pedicure** - 45 minutes  
*Pedicure: file, cuticle work, hard skin removal, polish* £40